



How to get an appointment with Speech and Language Therapy

	<p>Contact SPOR and ask for a form (Single Point of Referral)</p> <p>Telephone: 01534 444440 Or E-Mail: SPOR@health.gov.je</p>
	<p>Fill out the form and email it back.</p> <p>You parent or support staff can do this for you if you say it is ok.</p>
	<p>You will get an appointment letter in the post or a telephone call.</p> <p>Sometimes we will see you quickly, other times you will be put on a waiting list.</p>
	<p>If you are worried about your health while you are waiting to see us then please call your Doctor or Nurse.</p>








Health and Community Services

Getting help from The Adult Learning Disability Service







An **Easy Read** guide about what Speech and Language Therapy is and how it can help you.

Speech and Language Therapy

 <p>Communicate</p>	<p>Speech & Language Therapy helps people who find it hard to communicate.</p>
	<p>Communication means telling other people what you want, think and feel.</p> <p>It means understanding other people and information.</p>
 	<p>Communication can be lots of different things:</p> <ul style="list-style-type: none"> • talking • listening • writing • signing • pointing and gestures • drawing pictures • using photos and symbols
	<p>We can help you communicate by giving you new tools, objects and sometimes electronic devices to help you.</p>

Speech and Language Therapy

	<p>We do this by coming to see you and watching how you communicate.</p> <p>We might ask you some questions and talk to your family and carers.</p>
	<p>Speech & Language Therapy helps people with their eating, drinking and swallowing.</p>
	<p>Dysphagia means you find it difficult to eat and drink.</p> <p>If you have Dysphagia we can make changes to your diet to help you and keep you safe.</p>
	<p>A Speech & Language Therapist can visit you in your home with your family or Carers.</p> <p>We look forward to meeting you!</p>